



Urbana Place
SENIOR LIVING
A Lifespark™ Community

Age Magnificently



The official newsletter of Urbana Place Senior Living

JUNE 2026

From the Desk of our ED

Amy Koehnen, Executive Director

Happy Spring!

I love this time of year when everything turns green again and smells so fresh! Thanks for all your collaboration in our window washing and apartment inspections. It has been delightful to visit with each of you in your homes. The building looks great!

As we head into June we prepare to say goodbye to Hani, our Assistant Executive Director. We thank her for all her hard work and wish her well in her new endeavors. At the same time, we are excited to welcome Cullen into his new role as Executive Director in Training (EDIT). Cullen just graduated from the University of St. Thomas and is excited to grow his career in Health Care. He joins Coltan, Shelly, Corrie, Keith, Maureen and myself in leading the Urbana team, alongside John in culinary and Steve in housekeeping. I am truly grateful for this group. Everyone works hard with a lot of laughter mixed in! Cheers to a great summer!

From the Kitchen

Chef John, New Horizon Foods

Join Chef John for his Chef Demo on June 23rd at 1:00 in the Bistro where he will be making the classic Beau Monde dip. This creamy, flavorful dip is a popular choice for parties and gatherings due to its rich and distinctive taste. It is perfect for pairing with fresh vegetables, crackers or chips.

Beau Monde Seasoning

- 1 Tablespoon celery seed
- 1 Tablespoon granulated onion
- 2 teaspoons kosher salt
- ¾ teaspoon granulated sugar

Mix the ingredients in a small bowl. Store in a sealed container.

Beau Monde Dip

- 2/3 cup mayo
 - 2/3 cup sour cream
 - 2 green onions, sliced thin
 - 1 Tablespoon dried parsley
 - 1 teaspoon dry dill
 - 1 teaspoon Beau Monde Seasoning
- Combine all the ingredients in a medium-sized bowl and mix well, chill for 1 hour.

Laughter IS the Best Medicine.

Paul Mazzacano, Resident

-A heartfelt salute to all the Mothers and Fathers, without whom-not one of us would be here!

-Mothers are compassionate, caring, loving, and bring joy and laughter to the world.

-Mothers have a will of iron under a soft exterior. They will stop at nothing to get what they believe is best for their family.

-Mothers cry when they are happy, are easily brought to tears by injustice, and keep smiling even when they are so tired they can hardly stand up.

-Mothers are kind, generous and forgiving.

-Mothers know what you are going to do and say much before you do and say it.

-Mothers know how to get the most for their money. They know how to turn a simple meal into a banquet.

-Mothers are always doing big and small things to show that they care. They make a house a cherished home, and the world a much happier place to live in.

-Mothers know how to make a man feel like a king!

-We are immensurably indebted to Fathers for teaching us by words and deeds.

-For the late night and early morning diaper changes, for teaching me to take my first steps and not cry when I fell.

-For teaching me to tie my shoelaces (pre-Skechers!) and play sports, for teaching me to thread a spinning top, fly a kite, play marbles, repair a bicycle tire and eventually drive and service a motor vehicle.

-For the superb advice which at times we failed to recognize the value of.

-For teaching me how to be a loving, faithful, supporting, trustworthy and inspiring Father and Husband.

-If you became teary eyed reading these tributes, no doubt you had a wonderful Mother and Father like I did!

In May Urbana appreciated our WONDERFUL NURSES! We are so grateful for all the care, kindness, expertise and dedication they show! Coltan, Maureen, Erica, Maxwell, Loetitica, Massah and Debbie - we would be a mess without you!



From Nursing

Coltan Jacobson, RN

Director of Health Services

Happy springtime! I don't know about you, but the sunshine, breeze, and even the occasional rain really wake up the soul.

I wanted to share a few updates from our nursing team. We are currently interviewing for an additional RN to further support our team — stay tuned for more updates on that soon!

The biggest upcoming change is our transition to a new electronic health record system called August Health. Our official "go-live" date is June 1st. With this new system, one major change will be how resident care levels are determined. Previously, we used a separate tool to calculate care levels. Moving forward, care levels will instead be generated directly from each resident's quarterly assessment and their current care needs. Another exciting improvement is that care plans can now be sent digitally to residents and/or their chosen loved ones after each assessment for easier review and communication. These are exciting changes that we believe will improve communication and care coordination, though there will certainly be a learning curve as we adjust to the new system. If you have any questions or notice any changes during this transition, please do not hesitate to reach out to Amy or myself at any time.

Chaplain's Corner

Rev. Johnny Russell
Community Chaplain

A Time of Abundance: A June Reflection

As we step into the warmth of June, we are reminded of the beautiful, unfolding seasons of our lives. Just as the natural world bursts into full bloom, our community—residents, staff, families, and friends—continues to grow in wisdom, grace, and shared love. The Prophet Isaiah offers a beautiful promise for every journey: "The Lord will guide you always... you will be like a well-watered garden, like a spring whose waters never fail." Isaiah 58:11

To our beloved residents, you are the vibrant heart of this "well-watered garden." Your life stories, resilience, and daily presence are the roots that nourish this community. The renowned naturalist John Muir beautifully observed, "The sun shines not on us, but in us." May the gentle warmth of this new month remind you of the enduring light you carry within and share with all of us.

To our dedicated staff, you are the diligent caretakers tending to this garden every single day. Your compassion and tireless hands bring comfort and joy to those you serve. In the spirit of joyful service, remember the wisdom of St. Thérèse of Lisieux: "Miss no single opportunity of making some small sacrifice, here a smiling look, a kindly word, always doing the smallest right and doing it all for love." Your daily dedication reflects this profound love.

To the families and the broader community, thank you for being our steadfast partners and branches of support. We are reminded that we are woven together by a love that spans generations:

"Let all that you do be done in love." — 1 Corinthians 16:14

As we enjoy the longer days and the beauty of June, let us pause to be grateful for the gift of today. May this month be a season of peace, renewed connections, and joyful moments for us all.

Welcome to Urbana Place!

We are so glad you have chosen our community for your home!



Howard



Shirley



Roy



Resident Birthdays



Bruce C. - June 7

Mary M. - June 7

Chuck P. - June 13

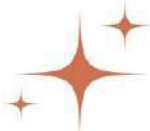
Donna R. - June 14

Shirley H. - June 22

Junean E. - June 26



Staff Birthdays & Anniversaries



Erica M. - June 2

Massah G. - June 6

Kaniya R. - June 15

Absa J. - June 23

Sylvania M. - June 27

Maria E. - 4 years



Staff Spotlight



We want to recognize Haddy as our employee of the month! She is always caring, thoughtful and constantly comes up with great ideas to better care for our residents. Our residents especially appreciate her compassionate and attentive care. Thank you Haddy for all you do and for the outstanding care you provide!

News from Legacy Court

Jackie Benson, Community Life Coordinator



Hello, and happy June! We have many exciting things planned this month including our 'Floats for Fathers' celebration. We had a wonderful time celebrating Mother's Day with all our ladies, and now it's time to recognize and honor the incredible dads of Urbana Place.

As school lets out this month, we want to extend our heartfelt appreciation for the wonderful student volunteers from OEC Transition Program. Each Tuesday and Thursday, they came to Legacy Court to clean and freshen our unit. Not only did they do a great job, they have always been so kind and friendly. We'll miss seeing them this summer and wish them all the best!

As always, swing by anytime to say hello! We'll see you this month for live music, armchair travel, lemonade and bean bags on the patio, and more. Enjoy this month and the warmer summer weather coming our way!



Share Your Story - *Sue Smith*

Sue Smith accomplished something truly remarkable—she lovingly operated her in-home daycare for more than 50 years. Suzi's Daycare became a well-known and cherished part of the Maple Grove community. From morning until evening, she devoted her days to caring for as many as 12 children at a time.



With infants, toddlers, and school-age children filling her home with energy and activity, Sue created a nurturing environment where children could learn, play, and grow. Her days were spent leading crafts, preparing meals, helping with naps and potty training, and teaching lessons suited to each child's age and stage of development. Her home was thoughtfully arranged with two playrooms and one large nap room to meet the children's daily needs. Sue was able to take part in county food programs and assistance for meals, but the planning and preparation were all done by her own caring hands. The bathroom was always equipped with step stools and potty chairs to support the little ones as they learned and grew. It is amazing to reflect on how many young children she patiently guided through those important milestones over the course of five decades. Some of Sue's favorite parts of her daycare career were craft time and caring for the babies. She especially treasured those quiet moments of closeness and comfort. She also took great joy in celebrating each child's birthday, creating happy memories that families would carry with them for years to come. Over the span of 50 years, she served what must have been hundreds of birthday cakes. Even today, Sue remains in touch with some of her daycare families and has even attended a few weddings as those children grew into adults. What a beautiful legacy of kindness, dedication, and love Sue has left for the families of the Maple Grove community.

Resident Council Update

Notes from the previous month's meeting are posted on the bulletin board outside the Dining Room. Next meeting - Tuesday June 16th at 10:00am in the Community Room. All Residents are encouraged to attend.

Your Leadership Team



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