	5 - Assisted Livin				•	10
Sunday	Monday	Tuesday	WednesdayNew Year's Day110:00Coffee & Chat-B1:00New Year's Traditions Around the World-P2:00Card Club-L6:00Puzzles in the Lounge	Thursday10:30 Eucharist w/ St Gerards- LC22:00 Lifelong Learning Program: National Memorials of Washington D.CP26:15 Featured Movie-P	Friday11:00 Fitness Drumming- WC32:00 Happy Hour 'Margaritas'- P	9:00 Independent Exercise (all day)-WC 10:00 Saturday Word Scrambles-B 1:00 Movie 'RV'-P 2:00 Card Club-L
10:15       Virtual Service w/ CoonRapids Free Church- WC       5         10:30       Virtual Catholic Mass-CR       -         1:00       Play Cribbage- P       -         2:00       Play Rummikub-L       -         3:30       Sunday Stroll- FL	<ul> <li>10:30 Bible Study w/Chaplain Russell-B</li> <li>11:00 Weights and Grip Class-WC</li> <li>1:30 Bingo-CR</li> <li>2:45 Welcome Popcorn Social-B</li> <li>6:00 Play Dominos-L</li> </ul>	11:00 Craft <b>7</b> Group-B 11:00 Card & Stamp Store-B 1:00 SPARK Challenge Celebration-CR 3:30 Play Wheel of Fortune-P	<ul> <li>10:00 Coffee &amp; Chat-B</li> <li>10:30 Spiritual Discussion w/Chaplain Russell-B</li> <li>11:00 Swat Ball-WC</li> <li>1:00 Resident Council Meeting-CR</li> <li>2:00 TRYathlon Team Meeting-CR</li> <li>3:00 Worship w/ Communion-CR</li> <li>6:00 Puzzles in the Lounge</li> </ul>	<ul> <li>10:30 Eucharist w/ <b>9</b> St Gerards- LC</li> <li>11:00 Outing to Sweet Taste of Italy (RSVP req)</li> <li>1:00 2024 Season Really Big Awards Show- CR</li> <li>2:30 Live Music w/ Gigi the Ukelady-CR</li> <li>6:15 Featured Movie-P</li> </ul>	11:00 Fitness Drumming -WC 2:00 Happy Hour 'Spiked Hot Cocoa'-P	9:00 Independen <b>1</b> ' t Exercise (all day)- WC 10:00 Saturday Word Scrambles -B 1:00 Movie 'Elvis'-P 2:00 Card Club-L
10:15 Virtual Service w/ CoonRapid s Free Church- WC 10:30 Virtual Catholic Mass-CR 1:00 Play Cribbage- P 2:00 Play Rummikub-L 3:30 Sunday Stroll- FL	1:30 Bingo-CR <b>13</b> 2:45 Grief Group w/Chaplain Russell-CR 3:00 Wii Bowling-WC 6:00 Play Dominos-L	<ul> <li>9:45 Manicures 14 <ul> <li>-B</li> </ul> </li> <li>11:00 Craft <ul> <li>Group-B</li> </ul> </li> <li>11:00 Card &amp; Stamp <ul> <li>Store-B</li> </ul> </li> <li>12:45 TRYathlon <ul> <li>Competition-CR</li> </ul> </li> <li>2:00 Bean Bag <ul> <li>Competition <ul> <li>vs. Polar Ridge-CR</li> </ul> </li> <li>3:30 Needlers <ul> <li>Group-B</li> </ul> </li> </ul></li></ul>	10:00 Coffee & <b>15</b> Chat-B 10:30 Show & Share w/ Chaplain Russell-B 11:00 Swat Ball-WC 1:30 Arm Chair Travel to Mexico-CR 3:00 Finish Baby Blankets to Donate-CR 6:00 Puzzles in the Lounge	<ul> <li>10:30 Eucharist w/St Gerards-LC</li> <li>12:45 TRYathlon Competitio n-CR</li> <li>2:30 Live Music w/The Malt Shop Melodies-CR</li> <li>6:15 Featured Movie-P</li> </ul>	11:00 Fitness Drumming -WC 1:00 Really Big Show-CR 2:00 Happy Hour 'Boozy Rootbeer Floats'-P	<ul> <li>9:00 Independen 1 t Exercise (all day)- WC</li> <li>10:00 Saturday Word Scrambles -B</li> <li>1:00 Movie 'The Best Exotic Marigold Hotel'-P</li> <li>2:00 Card Club-L</li> </ul>
10:15 Virtual Service w/ CoonRapid s Free Church- WC 10:30 Virtual Catholic Mass-CR 1:00 Play Cribbage- P 2:00 Play Rummikub-L 3:30 Sunday Stroll- FL	Martin Luther King Jr. Day2010:30Hymn Sing w/ Chaplain Russell- LC11:0011:00Weights and Grip Class-WC1:30Bingo-CR1:30Nolan's Piano Performance- LC2:45Snack & Chat 'Grape Jelly Meatballs'-B6:00Play Dominos- L	11:00Craft Group-B <b>21</b> 11:00Card & Stamp Store-B12:4512:45TRYathlon Competition- CR2:15Be the Disc Jockey-CR3:30Play Wheel of Fortune-P	<ul> <li>10:00 Coffee &amp; 22 Chat-B</li> <li>11:00 Swat Ball-WC</li> <li>1:00 Discussion Group w/ Chaplain Russell-P</li> <li>1:45 Outing to Walmart (RSVP req)</li> <li>2:30 Men's Group- Bowling-WC</li> <li>6:00 Puzzles in the Lounge</li> </ul>	<ul> <li>10:30 Eucharist w/St Gerards-LC</li> <li>12:45 TRYathlon Competitio n-CR</li> <li>2:30 Live Music w/ Van &amp; Kathy Nixon-CR</li> <li>3:45 Paraffin Hand Pampering-P</li> <li>6:15 Featured Movie-P</li> </ul>	11:00 Fitness Drumming -WC 1:00 Really Big Show-CR 2:00 Happy Hour 'Rum Punch'-P	9:00 Independen t Exercise (all day)- WC 10:00 Saturday Word Scrambles -B 1:00 Movie 'Inception'-P 2:00 Card Club-L
10:15Virtual Service w/ CoonRapid s Free Church- WC2610:30Virtual Catholic Mass-CR100010:30Play Cribbage- P1:00Play Cribbage- P2:00Play Rummikub-L3:30Sunday Stroll- FL	10:30 Hymn Sing <b>27</b> w/ Chaplain Russell-LC 11:00 Weights and Grip Class-WC 1:30 Bingo-CR 2:45 Monthly Bday Cake Social-B 6:00 Play Yahtzee-L	9:45 Manicures <b>28</b> -B 11:00 Craft Group-B 11:00 Card & Stamp Store-B 12:45 TRYathlon Competition- CR 3:30 Needlers Group-B	10:00BPFD Visits for Coffee & Chat-B2911:00Swat Ball- WC2:00Women's Group- Snowflake Cookie Decorating-B6:00Puzzles in the Lounge	10:30 Eucharist w/St Gerards-LC 12:45 TRYathlon Competitio n-CR 2:30 Snow Day Social-CR 6:15 Featured Movie-P	11:00 Fitness Drumming -WC 1:00 Really Big Show-CR 2:00 Happy Hour 'Irish Cream & Coffee'-P	